



Working Parents throughout the APAC Region answer the question:



“What skills do you think would significantly help your career progression as a working parent?”

**M** **F**

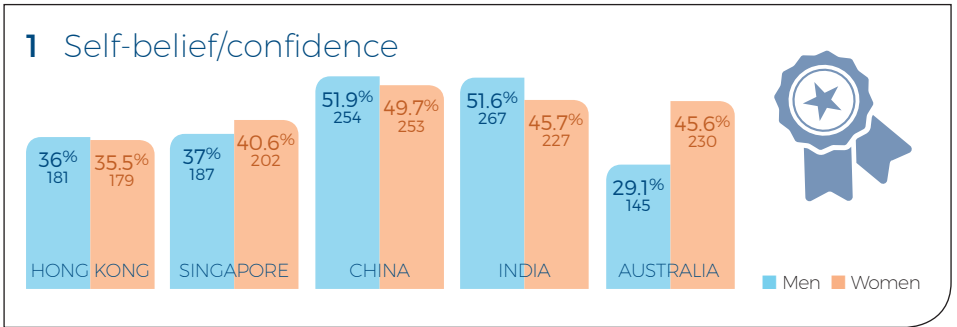
**5,030**

Working Parents born between 1956–2000

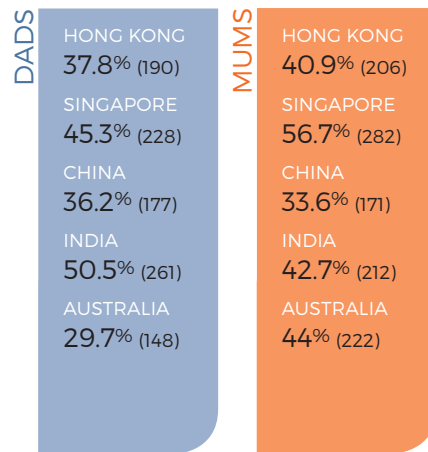
including an equal split of WORKING MUMS and WORKING DADS both with dependent children under 16



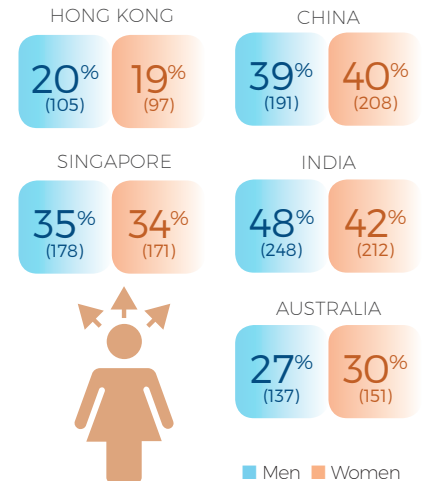
Working mums and dads were asked to tick all that apply. Here are the **TOP 10**



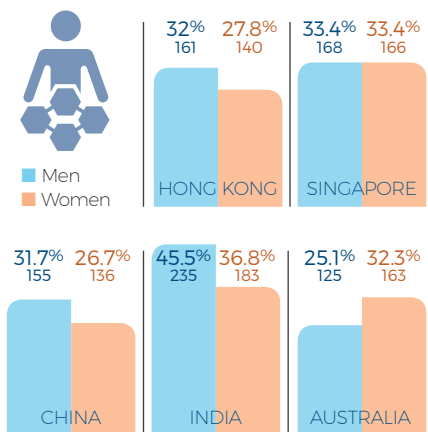
### 2 Time management/ personal organisation



### 3 Career planning



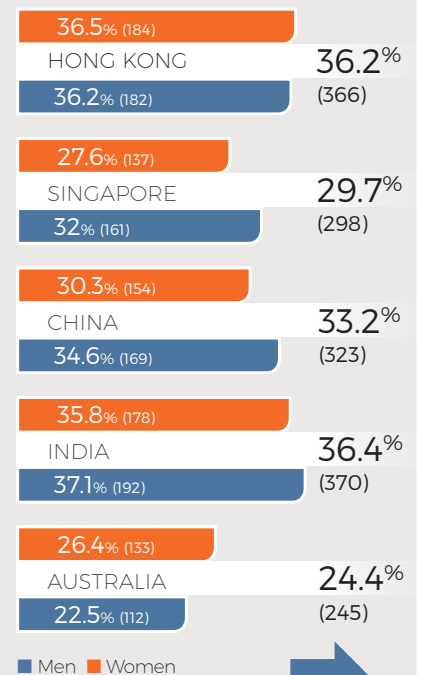
### 4 Organisational skills



## INDIA

contributed the most responses to the Top 10 skills to help their career progression as a working parent.

### 5 Networking





What skills do you think would significantly help your career progression as a working parent?



M

F

## SKILLS

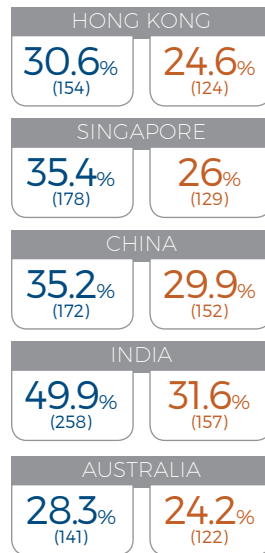
that DID NOT make the top 10 included:

Delegation

Managing reputation

Presence/gravitas

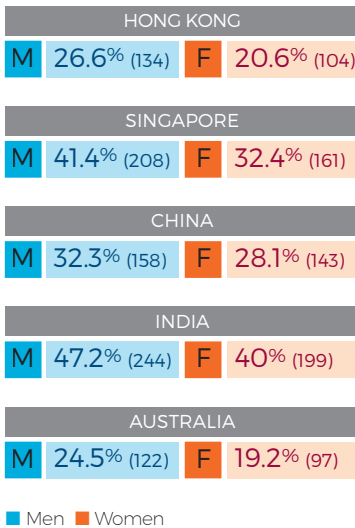
### 6 Leadership



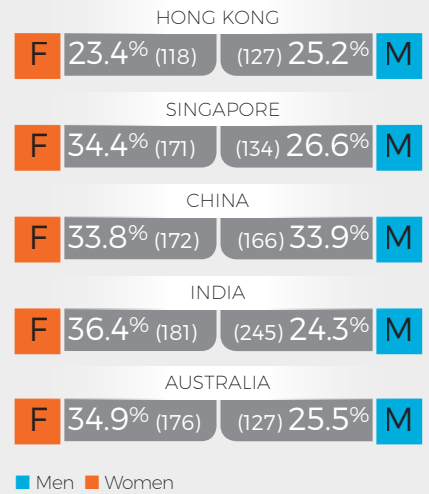
43.7% (2125)

of every mum and dad in the APAC region agreed that **Self-belief/confidence** would be the **best skill** to help a working parent's career progress

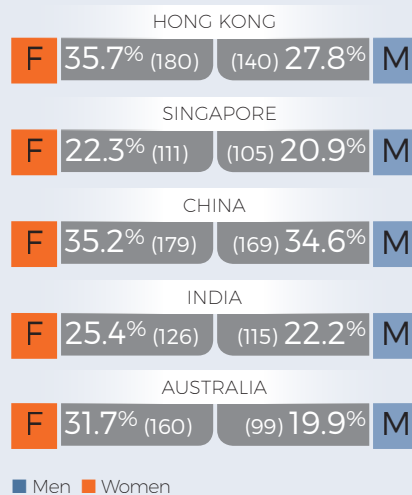
### 8 Managing people



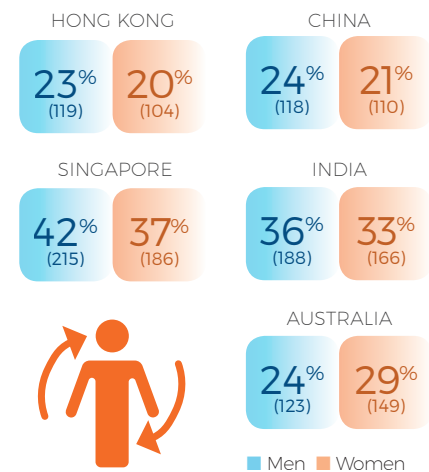
### 7 Managing personal wellbeing



### 10 Bounce back ability/resilience



### 9 Managing change



4.8% (245)

mums and dads didn't think there were any skills that would help their career progression as a working parent