

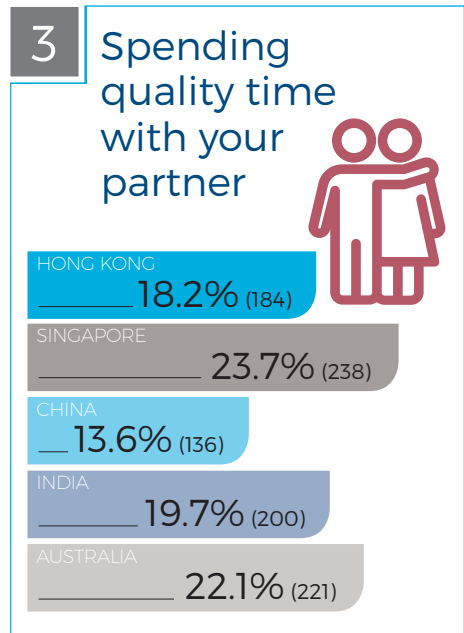
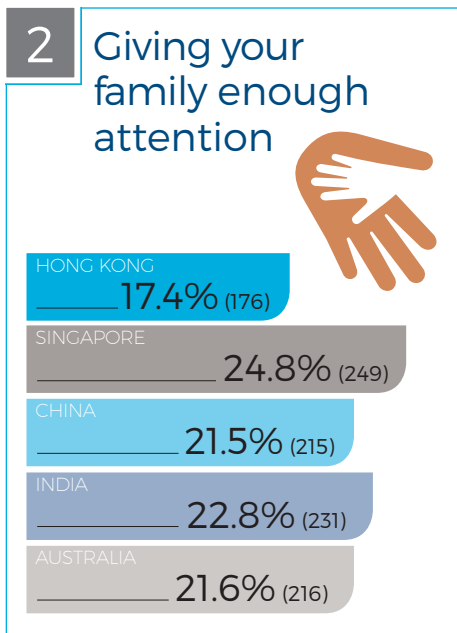
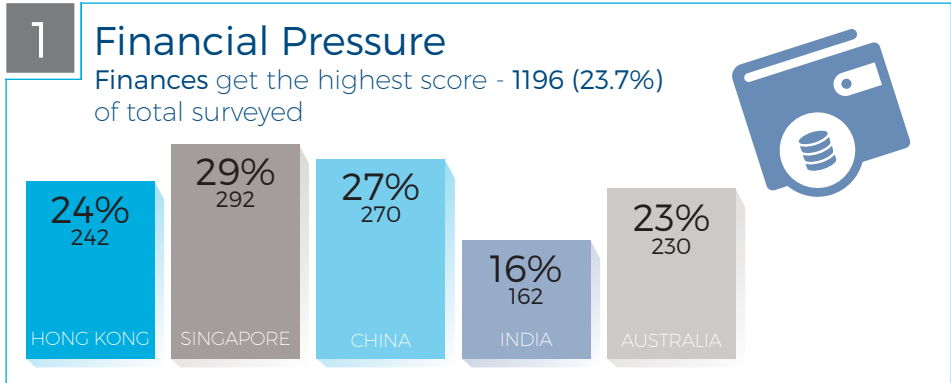
“What did you find were/are the **greatest challenges** when you first returned to work after having your **most recent child**?”

5,030
Working Parents born between 1956–2000 including an equal split of WORKING MUMS and WORKING DADS both with dependent children under 16

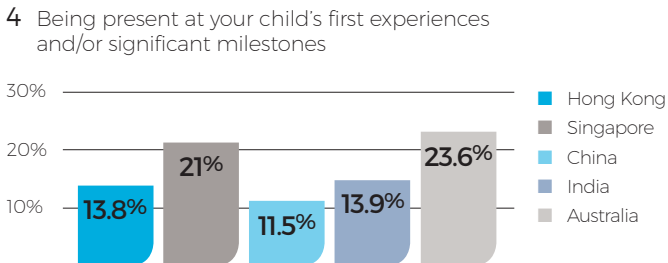


Each Working Parent could select **3 options** from **17 possible answers** for what they believed to be the **most challenging issues**

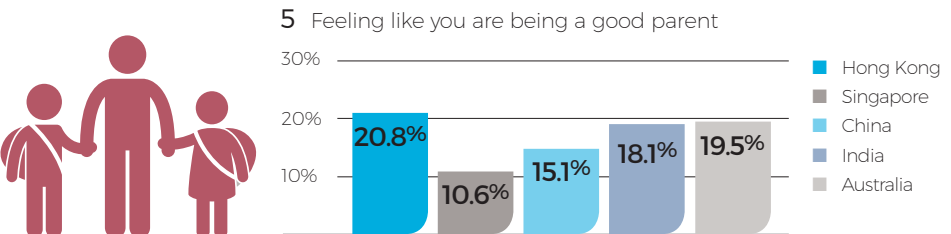
TOP 3 Challenges



Remaining challenges 4 to 17



Singapore are the highest scorers in all the top 3 answers





What did you find were/are the greatest challenges when you first returned to work after having your most recent child?



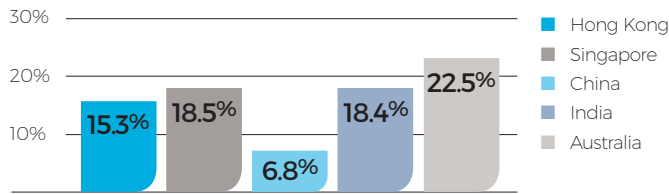
Setting boundaries

is the least challenging issue with only 295 (4.3%) of the total vote

Singapore

is most concerned with giving their family enough attention when returning to work

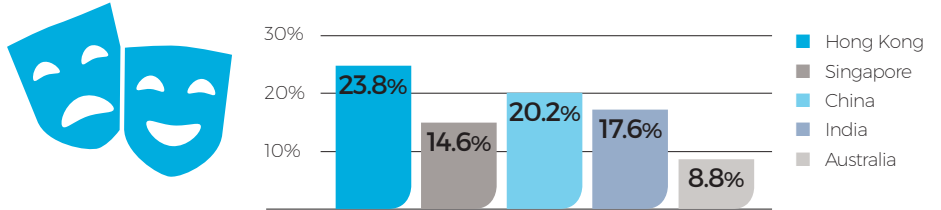
6 Getting back into the routine



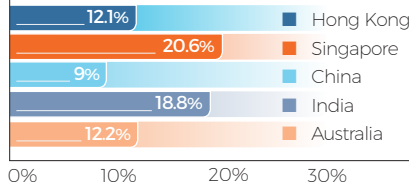
Australia

only topped 1 question – Getting back into the routine

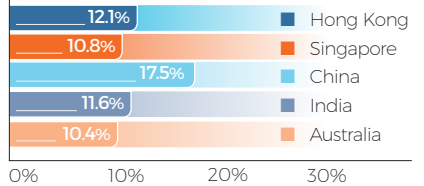
7 Maintaining emotions



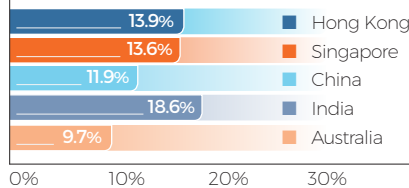
8 Managing priorities



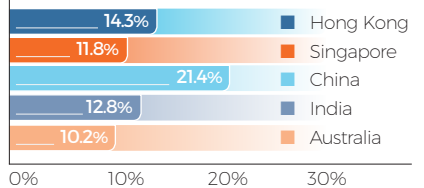
9 Sourcing reliable childcare



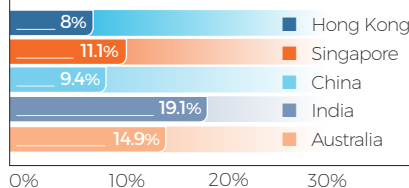
10 Having a good social life



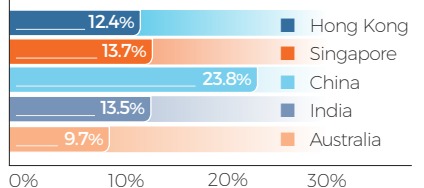
11 Maintaining focus



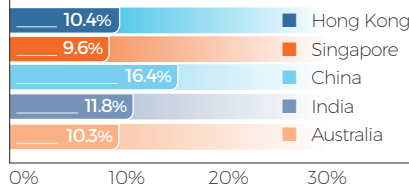
12 Self-care



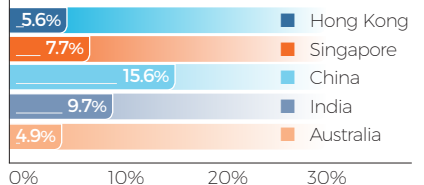
13 Pressure to perform



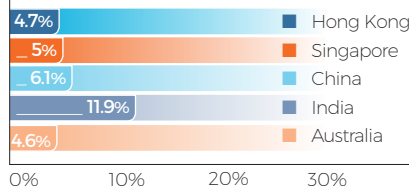
14 Having to follow strict start and finish times



15 Catching up with industry trends



16 Knowing where to turn for support and advice



17 Setting boundaries

